



TRIP DETAILS

Trip Length: 7days, 6 nights
(add an additional night if arriving in Manchester on the 14th, Saturday)

Trip Dates: June 15 – June 21, 2008 (Sun to Sat)

Trip Cost: \$1495

Trip Inclusions:

- Naturalist interpretation
- Experienced and knowledgeable guides
- Airport pickup and drop-off
- All transportation during the trip
- Parking and shuttle fees
- All lodging inside White Mountain National Forest
- From lunch on Sunday(15th) through lunch on Saturday (21st), all breakfasts , all dinners and lunch on Sunday and Saturday.

What's not included:

- Transportation to and from Manchester, NH
- Alcoholic beverages
- Lodging on Saturday, June 14th
- Lunches Monday through Friday, though I will provide GORP

Group Size: 5-10 participants

Trip Rating **Challenging**

This Naturalist Adventure Tour has an overall rating of “challenging”. *This rating means that this is a more active trip that requires participants to be in very good health and physical condition.* These trips are suitable for someone who does a more vigorous aerobic workout on a regular basis. Specifically, the challenges faced on this trip will include more difficult terrain and unpredictable mountain weather conditions at higher

elevations. The White Mountains are notorious for steep trails and extreme weather. We will hike some trail sections with steep grades and without the benefit of switchbacks. However, only some of the trails in our itinerary are rated as strenuous (please see the itinerary). The climate at higher elevations is much cooler, windier and wetter. Being properly prepared is the key to your comfort and safety.

You do not need any special skills or extensive hiking experience to join this trip and we will teach you all of the skills necessary to help you get the most enjoyment out of this adventure. However, you must be able to carry an 18-25-pound pack each day and not have any physical problems or conditions that would be adversely affected by hiking at altitudes of up to 6300 feet. Being in good physical condition will be essential to your enjoyment, as well as your safety and the safety of the group. Some of the trail is exposed and those with a significant fear of heights might find it difficult.

Pickup Location & Time: Manchester Municipal Airport, NH, 10:30 am, June 15, 2008

Drop-off Location & Time: Manchester Municipal Airport, NH, 2:30 pm, June 21, 2008

Travel Arrangements:

Your airfare is *not* included in the trip price. Please plan your flight according to the stated pickup and drop-off times. Airport pickup and drop-off is provided. Since we have an early meeting time of 10:30 am, we encourage you to arrive on Saturday, the 14th.

Whether you are flying in or driving, we will meet you at 10:30 am just outside the baggage claim area of the Manchester Municipal Airport. We will bring you back to the airport on Saturday by 2:30 pm. Therefore, you should book a flight no earlier than 4 pm on Saturday, June 21st.

Registration:

A separate Registration form is required for each person. To reserve a spot on the trip, please mail the Registration form and a \$300 deposit to:

Liz Domingue
Just Get Outdoors!
3340 E. Wearwood Drive
Sevierville, TN 37862

Make checks payable to Liz Domingue or Just Get Outdoors. If you prefer to pay with a credit card, you can do so by mail, telephone (call Liz at 865-774-5885) or on line at www.justgetoutdoors.com where you can also submit your registration form.

Upon receipt of your deposit and completed registration form, your registration information will be promptly reviewed and additional trip information will be sent to you.

If your application is received and accepted after March, 15, 2007, the remainder of the payment is due immediately.

Please contact us if you have any questions.

Liz Domingue

865-774-5885

liz@justgetoutdoors.com